Floating Lanterns:

A Journey Through Grief, Love & Memory

AN 8-WEEK ART THERAPY GROUP
for Jewish Seniors (55+)
who have lost a partner
No art experience needed.



WEDNESDAYS
STARTING OCTOBER 14, 2026

10:00 – 11:30 A.M.

JEWISH FAMILY SERVICES OF OTTAWA
2255 Carling Avenue, Suite 301, Ottawa

REGISTRATION IS REQUIRED.
Contact Brenda Cleary, RN
Art Therapist
613-722-2225 ext. 431
bcleary@jfsottawa.com

NO COST to participants

JFS OTTAWA
JEWISH FAMILY SERVICES

Honouring Memory, Building Community, Finding Connection.

JEWISH FEDERATION OF OTTAWA Micro **GRANTS**